

Key Stage 1 and Lower Key Stage 2 Lesson Plans (Years 1–4)

Lesson One: (Presentation Slides 1 - 19)

Main Objectives:

- To explore kidney donation and kidney transplant.
- To understand how the act of 'giving' can save someone's life.
- To learn about finding suitably matched donors.

Additional Resources:

(Available
in PDF)

- Matching Pairs Game
- KS1/Lower KS2 Activity Pack
- A Real-life Hero is: Adjectives

Extra Resources

- Post-it notes/scrap paper
- Anonymous Drop box

PLEASE NOTE: These resources should be downloaded and printed prior to the lesson to support the learning. In addition, activities for pupils with SEN or pupils who have been withdrawn from the lessons can be found in the *Alternative Resources* folder. These activities can also be downloaded and printed as and when required.

Introduction/Matching Pairs Game (Slide 3)

The purpose of this game is to help group the pupils into random pairs of mixed ability. Each pupil will stay with their pair for the remainder of the lessons to complete different activities together. It aims to show pupils that finding a matching pair amongst a large group of people can be challenging. This is a fun and engaging way to start a new topic and create excitement.

- Print out the 'Matching Pairs Game' sheet (Found in Additional Resources) and cut out the different coloured kidney beans in preparation for the lesson.
- Fold each coloured kidney bean in half and place them in a box/bag before the lesson starts.
- Ask each pupil to pick a bean from the box/bag without showing anyone.
- Set a timer for 5 minutes to allow pupils to walk freely around the classroom and pair up with someone with the same-coloured kidney bean.

PLEASE NOTE: This game can be played on the carpet or in the playground (if more space is needed). It is advised to keep track of the time and bring the pupils back together to re-focus, so they are ready for the next part of the lesson.

Main Teaching (Slides 4 - 17)

Work through the remainder of the slides **alongside the notes in presenter view** to guide you through the teaching. Encourage pupils to discuss questions when prompted and gather responses to aid the thinking process leading up to kidney donation.

Ask pupils to work through *Activities 1 and 2* in their pairs and record the answers in their Activity Packs (Found in Additional Resources).

ACTIVITY 2 - Print out 'A Real-life hero is: Adjectives' Sheet (Found in Additional Resources) onto an A3 sheet of paper prior to the lesson. Gather the pupil's responses and record the adjectives on to the mind map. *Suggestion:* Display on a working Wall.

PLEASE NOTE: The Activity Packs will need to be printed before the lesson and handed out to each pair to share.

Plenary (Slide 18)

Ask pupils to talk to their partners and tell them one thing they have learnt about kidney donation. Gather a few responses to share with the class.

Drop Box (Slide 19)

Guide pupils to the Anonymous Drop Box (prepared beforehand). This will encourage students to voice their opinions, feel valued and to normalise conversations around kidney donation and other difficult topics in the future.

PLEASE NOTE: Refer to the *FAQ for pupils* section in the Kidney Donation Education Resource Document which contains answers to possible questions that pupils may ask. This will give you the opportunity to prepare some answers beforehand, should they come up later on. Always be honest if you do not know the answer to a question and tell the pupils that you can research it later.

END OF LESSON ONE

Key Stage 1 and Lower Key Stage 2

Lesson Plans (Years 1–4)

Lesson Two: (Presentation Slides 20 - 37)

Main Objectives:

- To learn about the roles of kidneys.
- To know how to keep our kidneys healthy.
- To understand the importance of sharing knowledge.

Additional Resources:

(Available in PDF)

- KS1/Lower KS2 Activity Pack

Extra Resources:

- A3 paper for poster
- Post it notes/scrap paper
- Anonymous Drop box

PLEASE NOTE: These resources should be downloaded and printed prior to the lesson to support the learning. In addition, activities for pupils with SEN or pupils who have been withdrawn from the lessons can be found in the *Alternative Resources* folder. These activities can also be downloaded and printed as and when required.

Introduction/Anonymous Drop box (Slide 21)

By addressing any questions, concerns or comments from the previous lesson, the pupils will learn that their voices matter and their opinions are valued. This confidence boost will encourage pupils to engage well in the lesson and really get involved in the learning ahead.

- Pick a variety of volunteers: pupils with different abilities, pupils that are generally shy but have made an active effort to contribute to the discussions etc. This approach makes sure that all children feel included.
- If there are any questions you are unable to answer, be honest and tell the pupils you will research and let them know later.
- Please refer to the *FAQ for pupils* section in the Kidney Donation Education Resource Document which contains answers to possible questions that pupils may ask. This will give you the opportunity to prepare some answers beforehand, should they arise.

PLEASE NOTE: Make sure you are aware of your school's safeguarding policy and procedures in case pupils ask any questions or make any comments that you are concerned about.

Main Teaching (Slides 22-33)

Work through the remainder of the presentation **alongside the notes in presenter view** to guide you through the teaching. Encourage pupils to discuss questions when prompted and gather responses to aid the learning process.

Ask pupils to work through *Activities 3 and 4* in their pairs and record the answers in their Activity Packs (Found in Additional Resources).

PLEASE NOTE: The Activity Packs will need to be printed before the lesson and handed out to each pair to share.

Main Activity (Slide 34)

Design a poster about keeping the kidneys healthy:

This activity aims to help pupils understand the importance of sharing information and knowledge with their families, friends and the wider community. It also teaches pupils to actively take control in showing care and concern for others.

Each pair should be given an A3 sheet of paper for their posters. Pupils may use Activity 4 in their pack to help them remember the ways in which we can look after our kidneys.

Suggestion: The winning design can be printed and distributed amongst the local community centres and places of worship to help educate others.

By making the activity a competition, pupils will feel motivated to try their best to include all they have learnt as well as feeling proud that they are actively making a difference to the community. It also makes the learning more fun!

Plenary (Slide 36)

Ask pupils to talk to their partners and tell them one way in which they can help save the lives of kidney patients in their communities when they are older. Gather a few responses to share with the class.

PLEASE NOTE: Remind the pupils that no judgement should be made if someone does not want to become a kidney donor when they are older, and we should respect everyone's values and difference of opinions. Kidney donation is an individual choice and always will be.

Drop Box (Slide 37)

Remind pupils about the Anonymous Drop Box (prepared beforehand). This will encourage students to voice their opinions, feel valued and to normalise conversations around kidney donation and other difficult topics in the future.

END OF LESSON TWO